

THE ADVANTAGE INITIATIVE[®]

Improving Communities for an Aging Society

DATA COMPARISON SUMMARY

The 33 AdvantAge Indicators Compared Among:

- 1) St. Joseph County (survey conducted 2005)
- 2) Indianapolis (survey conducted 2002)
- 3) National Data (survey conducted 2003)

COMMUNITY
FOUNDATION
OF ST. JOSEPH
C O U N T Y

Center for Home Care **Policy & Research**

Comparison Data: St. Joseph County Senior AdvantAge Survey

St. Joseph County/Indianapolis/Nation

BASIC NEEDS

	SJC	INDY	NATION
<u>Percent of Income Spent on Housing</u>			
30% or less of income	27%	45%	48%
More than 30% of income	17%	26%	31%
Expenditure unknown	56%	29%	22%
<u>Desire to Remain in Home</u>			
Of these seniors, percentage who are very confident that they can	95%	91%	93%
* Other more likely than Mishawaka & South Bend: 65%/56%/55%			
<u>Home Modifications</u>			
Those that say their homes need one or more modifications	21%	12%	14%
<u>Percentage of seniors that plan to make the modifications</u>	78%	72%	83%
Cosmetic/minor repairs	14%	6%	10%
Structural changes/major repairs	9%	5%	8%
Bathroom modification	9%	3%	6%
* AA three times greater than whites: 48% vs. 15%			
* Seniors with poorer health: 43% vs. 17%			
* High school or lower: 26% vs. 13%			
* 65-74 greater need: 25% vs. 18%			
* South Bend greatest need			
<u>Planning for Future Housing Needs</u>			
Would choose assisted living	56%		
Would move into their child's or relative's home	19%		
Do not know	17%		
<u>Planning for Long Term Care</u>			
Have given it a lot of thought	28%		
Little thought	42%		
No thought at all	29%		
<u>Planning how to Pay for Long Term Care</u>			
Medicaid/Medicare	25%		
Savings	21%		
Private long-term care insurance	20%		
Do not know	19%		
<u>Neighborhood Perceptions</u>			
Perceive personal safety in neighborhood as excellent/very good	60%	61%	70%
* AA three times more likely as white to say fair/poor: 27% vs. 8%			
<u>Neighborhood Problems</u>			
Crime	42%	38%	34%
Heavy traffic	32%	37%	34%
Streets too dark	32%	21%	19%
People do not get involved	31%	X	30%
Streets need repair	31%	27%	28%
<u>Satisfaction with Neighborhood</u>			
Very satisfied	74%	76%	81%
<u>Access to Assistance Services</u>			
In past 12 months cut size or skipped meals due to lack of money	4%	2%	4%
Do not know who to call for assistance	36%	31%	20%
<u>Those that do get information do so through:</u>			
City/County agencies	27%	16%	28%
Phone book/other media/family/neighbors	11%	18%	13%
Health care professionals	10%	26%	16%
Senior Center	6%	6%	13%
Church/Synagogue	3%	3%	3%

	SJC	INDY	NATION
<u>Awareness of services</u>			
Hospice	77%	63%	77%
Visiting nurse service	75%	61%	78%
Meals-on-wheels	75%	69%	79%
Senior Centers	68%	63%	84%
Home repair	67%	25%	44%
Home Health Aide services	65%	47%	75%
Special transportation	63%	X	78%
Respite	61%	23%	39%
Homemaker services	60%	40%	67%
Congregate meals	60%	53%	70%
<u>ADL/IADL Assistance</u>			
Need assistance with one or more activities	14%	13%	19%
<u>Within this group, % of unmet need</u>	70%	49%	48%

PHYSICAL & MENTAL HEALTH

Screening & Vaccinations in the Past Year

Flu shot	53%	74%	73%
Blood pressure	95%	94%	95%
Physical exam	67%	68%	70%
Eye exam	74%	76%	69%
PSA test	62%	69%	65%
Mammogram	66%	63%	58%
Hearing test	28%	31%	28%
Bone density test	26%	X	24%

Depression

Thought needed help of a professional in past year	12%	11%	8%
<u>Of these, % who saw a professional</u>	43%	59%	66%

One or More Unhealthy Days in Past 30 Days 34% 41% 42%

Report Being in Good to Excellent Health 83% 76% 75%

Participate in Regular Leisure Time Physical Activity

Regular leisure time activity	57%	X	43%
Some activity	20%	X	19%
No activity	23%	X	37%

* South Bend has higher rates than rest of county

Report Having a Place to go if Sick or Need Health Advice 94% 97% 95%

 Doctor's office used 81% 80% 75%

 Clinic or health center 13% 9% 16%

Need For Medical Care in Past Year 37% 46% 46%

Of those needing medical care, % of those that obtained care 98% 92% 97%

Difficulty Paying for Medical Services

Medical Care: % of seniors with problem covering costs 6% 7% 7%

Prescription Drugs: % of seniors with problem covering costs 7% 12% 14%

 * % of White population/problem covering costs of drugs 5% 11% 11%

 * % of AA populatoin/problem covering costs of drugs 26% X 26%

Dental care/eyeglasses: % of seniors with problem covering costs 14% 15% 19%

Hospice

Are aware of hospice & palliative services in area 77% 63% 77%

Say that these services do not exist 11% 10% 10%

Have not used hospice/palliative services in last year 98% 99% 98%

Memory Loss

Told by a doctor in past five years that have a problem 12%

Concern about memory loss

 Very concerned 10%

 Somewhat Concerned 23%

 Not too concerned 34%

 Not concerned at all 33%

MAXIMIZES INDEPENDENCE

<u>Transportation</u>			
Car used as most frequent form of transportation	84%	71%	75%
Ride in a car	11%	23%	18%
Use public transportation	3%	1%	2%
<u>Adequate Assistance with ADL</u>			
No limitations	93%	94%	93%
1+ ADL	7%	6%	7%
<u>Adequate Assistance with IADL</u>			
No limitations	89%	89%	80%
1 + IADL	11%	11%	17%
<u>Caregiving</u>			
Seniors that act as caregivers for other seniors	22%	19%	19%
* Among caregivers, 50% provide help to non-relatives			
Among caregivers, those that get relief or respite	72%	73%	73%

SOCIAL & CIVIC ENGAGEMENT

<u>Socialized with Friends or Neighbors in Past Week</u>			
Socialized	68%	58%	65%
<u>Attended Religious Services in Past Week</u>			
Attended Religious Services in Past Week	69%	57%	56%
<u>Attended Movies, Sports Events, Clubs or Group Events in Past Week</u>			
Attended Movies, Sports Events, Clubs or Group Events in Past Week	59%	60%	56%
<u>Engaged in One or More Social or Religious Activity in Past Week</u>			
Engaged in One or More Social or Religious Activity in Past Week	92%	89%	89%
<u>Volunteer Work</u>			
Seniors that volunteer			
Volunteer less than five hours per week	47%	55%	48%
Five to nine hours	26%	21%	23%
Ten or more hours	20%	19%	23%
<u>Helping Communities</u>			
<u>Most people in the neighborhood are honest and can be trusted</u>			
Strongly agree	50%	36%	51%
Agree	36%	51%	41%
Total: Agree/Strongly agree:	86%	87%	92%
<u>If I have a problem, there is someone to help me in the neighborhood</u>			
Strongly agree	48%	31%	47%
Agree	41%	55%	44%
Total: Agree/Strongly agree:	89%	86%	91%
<u>Most people in this neighborhood are willing to help if you need it</u>			
Strongly agree	51%	30%	49%
Agree	35%	55%	42%
Total: Agree/Strongly agree:	86%	85%	91%
<u>Employment</u>			
Seniors currently working full-time	6%	4%	5%
Part-time	12%	11%	10%
Not working	82%	85%	85%
Those not working that would like to work	22%	21%	24%
* AA wanting to work vs. Whites: 49% vs. 18%			