Buwate Sports Academy Progress Report

<table>
<thead>
<tr>
<th>Date:</th>
<th>October 31st, 2014</th>
<th>Prepared by:</th>
<th>Naku Charles Lwanga and Jonathan White</th>
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### I. Demographic Information

<table>
<thead>
<tr>
<th>1. City &amp; Province</th>
<th>Buwate, Uganda</th>
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<th>2. Organization:</th>
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<tr>
<td>Real Medicine Foundation Uganda (<a href="http://www.realmedicinefoundation.org">www.realmedicinefoundation.org</a>)</td>
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<td>Mother Teresa Children's Foundation (<a href="http://www.mtcf-uk.org">www.mtcf-uk.org</a>)</td>
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<th>3. Project Title:</th>
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<tr>
<td>Buwate Sports Academy</td>
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<th>4. Reporting Period</th>
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<tr>
<td>July 1st to September 30th, 2014</td>
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<th>5. Project Location (region &amp; city/town/village):</th>
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<tr>
<td>Buwate village, Kira town council, Wakiso - District, Kampala - Uganda</td>
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<th>6. Target Population:</th>
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<td>Children and population of Buwate</td>
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<th>7. Project Goal:</th>
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<td>Develop the youth advancement and economic component of our humanitarian work through games, sports training, vocational training and other educational opportunities.</td>
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<th>8. Project Objectives:</th>
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<tr>
<td>Provide funding to assist the operations and growth of the Buwate Sports Academy.</td>
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<td>Provide funding to allow children from surrounding slums to attend school.</td>
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<td>Acquire land and establish building for clinic operations, vocational training opportunities, etc.</td>
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<tr>
<th>9. Summary of RMF/MTCF-sponsored activities carried out during the reporting period under each project objective (note any changes from original plans)</th>
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<tr>
<td>• During the third quarter the Sports Academy children participated in a number of friendly football matches, some were hosted in Buwate and several others outside of Buwate.</td>
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<tr>
<td>• The Buwate Academy Girls’ football team played vs Gayaza High School (Gayaza High School is one of the most powerful schools in Uganda). The game ended in a draw 2-2. It was hosted at the Gayaza High School playground and attracted many spectators and much interest.</td>
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<tr>
<td>• The Buwate Academy Boys’ football team played vs Kira Young Stars. This was hosted at the Kira playground. Buwate won by 2-1.</td>
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<tr>
<td>• The Buwate Academy Boys’ football team also played vs Kireka Boys. This was hosted in Kireka and it ended in 0-0.</td>
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<tr>
<td>• The Sports Academy also conducted a gender balance holiday programme whereby the Academy boys played vs the Academy girls for a large audience.</td>
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<tr>
<td>• The Sports Academy conducted the Peace Day United Nations Global Peace Games for children and the youth. This was hosted at the Katwe playground. During this day the children are taught other important human values such as: Respect for all life, Non-violence, and Understanding through listening, preserving the planet and always sharing with others.</td>
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<tr>
<td>• 40 children under sponsorship had their school fees paid by RMF/MTCF.</td>
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<td>• We provided first aid for some of the children.</td>
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<td>• We paid for electricity for the office.</td>
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<td>• The children in the Academy were given scholastic materials.</td>
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<td>• The Academy purchased food items for the children, including rice, maize flour, cooking oil. This has enabled the Academy to serve meals to the children for the various trainings and other sporting activities.</td>
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<tr>
<td>• During this quarter, the Academy managed to purchase a digital camera so that it is able to take good pictures of the Academy activities.</td>
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10. Results and/or accomplishments achieved during this reporting period:

- More skills were developed due to participation in a number of games/matches, i.e. the Gayaza visit, Kireka, Kira and the Peace Day match at Katwe sports grounds.
- The Sports Academy is well equipped compared to other academies due to purchase of football boots, balls, and other equipment which doubles their effort in winning games and improves self-esteem. The children are and look healthy due to the exercise they do and being well fed.
- The Sports Academy children not only benefit from sports skills development but also from development of their academic skills with school fees also being paid.
- Cooks are extremely happy as their wages are paid in time and they are able to support themselves and their families.
- Children have peace of mind and their concentration is high as scholastic materials are provided in time by the Sports Academy.
- All the sponsored activities are now being captured visually as the Academy bought a Canon digital camera.
- Second term results were encouraging as all our sponsored children performed well.

11. Impact this project has on the community (who is benefiting and how):

- One of the major functions of this project is that of a safe haven for the youths of Buwate and Kireka that we are targeting, many of them desperately poor.
- The food we are providing is often the only food the youths are receiving in a given day.
- By providing the opportunity to be physically active and play, the youths are practicing their sports skills and are supervised and safe during that time.
- During their gathering, the youths are also receiving more general counseling and guidance.
- We have seen significant improvements of sports skills as well as the morale of all camp youths and staff.
- The standard of living of the youths and community members of Buwate and Kireka have improved due to the support, services and goods we were able to provide.
- The health situation of the children and youths we are serving has improved since we are taking them to a nearby clinic for comprehensive healthcare services, funded by RMF/MTCF. Their medical bills are also paid.
- The project has united the community, with secular youth and the church working closely together.
- The children and youths of Buwate Sports Academy exercise, practice and improve on their sports talents.
- The youths are able to display their sports skills during the annual sports gala.
- There is an increase in the number of children who come for trainings both during weekends and holidays.
- Through organized gatherings/meetings, youths have been receiving various counseling, promoting positive behavior change. Some parents have come to testify that their children’s behaviors have changed positively in significant ways.
- Promoting gender equity, for instance the community had a mentality that soccer was only for men but now they see girls exhibiting serious skills; this is promoting an attitude change.
- The bond of friendship between Buwate and RMF has grown tremendously.
- Boys and girls who had low self-esteem have had their esteem boosted because of working together. For instance, some boys and girls who could not voice their opinion now can speak out.
- Sports Academy youths’ healthcare needs are taken care of.
- There is now spontaneous participation from the youths because they see real hope in the Academy activities.
- There is now a strong bond of friendship between the parents of the children in the Academy and Academy leadership.
- There’s a great degree of concentration on studies among the children in the Academy because the Academy upholds education as well as sports. This has been achieved by paying the children’s school...
fees on time and availing scholastic materials.
• The church is now holding English services because of the English version bibles provided.
• The area local political and opinion leaders have developed interest in the Academy activities. This is manifested in frequent visits to the Academy office.
• The project has helped to reduce the number of children who didn’t know where to go. During school hours children are at school and during weekends they are at the Academy.
• The Academy is a source of income to some members of the community, i.e. the cooks for the children earn a wage.
• The Academy has increased the network with other important service providers, for instance heads of affluent schools now work hand-in-hand with the Academy to spot children talented in sports.

12. Number of indirect project beneficiaries (geographic coverage):

About 2,000 persons benefit from the Sports Academy projects, i.e. Buwate, Kireka, Bwyogerere and Seeta communities.

13. If applicable, please list the medical services provided:

First Aid.
Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF/MTCF. We are also paying medical bills for the attending youths.

14. Please list the most common health problems treated through this project.

• Fractures
• Malaria
• General body pain
• Headaches
• Fever
• Respiratory Tract Infections

15. Notable project challenges and obstacles:

• The biggest challenge is the lack of an Academy house. The Academy needs a building where to keep its property; changing rooms etc.; this hinders full recognition of the Academy.
• The sports field is not well leveled enough to meet the minimum standard of sports federations.
• Food is not enough, especially during holiday periods, the children are many.
• Transport is still a big problem, when it comes to visitation days to other teams. Hiring a small bus is always expensive. The permanent solution would be to buy an Academy van.
• Volunteer coaches are not easily available, due to transport costs and other challenges. If they are given transport facilitation they can easily be available for trainings.
• The unstable exchange rate also makes purchasing of necessary items difficult.
• Depending on only volunteer coaches is not reliable. The Academy does not have full control over them. When they are absent the activities of the Academy are paralyzed. There is need to recruit at least one assistant coach who will work full time.
• Difficulties in accessing health care. It requires walking over 5km to reach the nearest government health facilities. Having a health center within reach would be a good solution.
• The project still lacks a mechanism of locally generating its own income to supplement the funding received from RMF/MTCF.

16. If applicable, plans for next reporting period:

• Continuing the activities at the Sports Academy as outline above.
• Continuing to look for funding for vocational skills training at the Academy.

17. If applicable, summary of RMF/WCF-sponsored medical supply distribution and use:

First Aid box
Children are taken to a nearby clinic for comprehensive healthcare services, funded by RMF/MTCF. We are also paying medical bills for the attending youths.
18. Success story(s) highlighting project impact:

Please refer to Appendix A

19. Photos of project activities (file attachment is fine):

Please refer to Appendix A

III. Financial Information

20. Detailed summary of expenditures within each budget category as presented in your funded proposal (file attachment is fine). Please note any changes from plans.

Sent separately.

APPENDIX A

Project photos

*Buwate girls pause for a photograph during the gender balance training at Buwate sports grounds*
Girls having lunch after the day’s training

Kireka boys’ team also having lunch after the training
APPENDIX B

The Gayaza visit

Buwate girls organizing to leave for a friendly game at Gayaza High School

Group photo of both girls’ teams
Lining up for inspection during the football match between Gayaza High School and Buwate sports academy girls

Buwate girls doing the circle friend warming up just before the kick off
APPENDIX C

The Kira Holiday Programme

Kireka boys’ team in action against Kira Young Stars at Kireka playground

Kireka boys in return match against Kiira Young Stars
Kireka team taking instructions shortly after the first half of the match

Kireka boys having lunch after the match
APPENDIX D

Distribution of Scholastic Materials

Distribution of books for third term with the area coordinator just after training at Kireka Boys sports grounds

The Buwate boys and girls were also given books for their third term
Happy children after receiving books

Volunteer Coach Francis giving a helping hand during the distribution of books
APPENDIX E

The Peace One Day United Nations Global Games

Buwate Sports Academy and People Care Children’s Project celebrating on the UN’s 21st Peace One Day

After the game, fair play
Juggling competition

Buwate vs. People Care Children’s Project, in juggling
The boys in action

Mengo Sports Academy in a group photo with Buwate Sports Academy after the match on UN Day
Buwate Sports Academy and Mulago youth sports team in action during the under 14 UN Day sports gala