



# *from the* Headmaster

## **Introducing The St M Mountain Biking Program** at the Singleton Campus

Dear St. Michael's families:

We are excited to announce that, in the Fall of 2015, St. Michael's will be offering a Mountain Biking program for Middle School students in grades 6-8, and possibly grade 5. The Singleton Campus, with its 70 acres of rolling hills and woods, is the ideal setting for mountain biking. We are pleased to be partnering with Peak Experience, RVA's expert in outdoor sports and adventure activities, to offer this exiting outdoor opportunity to our students.

We cordially invite interested students and families to attend an informational session on the program on **Thursday, May 7 at 3 p.m** at the Singleton Campus Great Hall and back patio.

The event details are as follows:

- **3:00 p.m.:** Mountain bike "petting zoo" for students currently in grades 5-7 (to touch and try on riding and safety equipment, ask questions, meet instructors, watch riding demos)
- **3:20 p.m.:** Introduction to the program, with demonstrations
- **3:50 p.m.:** Informal Q&A

More details on the program are below. While sign-ups will take place at a later date, this is an opportunity for you to learn about the program, and for the School to gauge interest.

## **St. Michael's Mountain Bike Program**

### **What**

- A "fat tire" riding program to have fun learning proper mountain biking technique on the truly unique terrain of the 70-acre Singleton Campus.

### **Who**

- Operated by Peak Experience, RVA's expert in outdoor sports and adventure activities. Peak Experience is known for the quality of their instructors and youth programs.
- Kevin Tobin will be our program director. Kevin is the owner of Peak Experiences and oversees their Passages Adventure Camp and Youth Programs. He is highly skilled in managing outdoor youth programs.
- Peak Experience instructors will lead the program.

- St M faculty will assist Peak Experience instructors.
- Middle School St M students. The program may be made available to 5th grade students if space allows. **We are targeting a minimum number of 16 participants for the program to be offered.**

## When

- 10-week program, beginning the week of August 24.
- Mountain Biking will meet twice a week after school for 2 hours.
- A Parent's Day event will be held at end of the 10-weeks.

## Where

- The Singleton Campus, on trails being laid out by Peak Experience.

## How

- Participants must provide their own bike and helmet. Riding and safety equipment may be securely stored at school or taken home on a daily/weekly basis.
- The cost of the program is \$200 per participant.
- All registrations and funds will go directly through Peak Experience.

## Why

- To take advantage of some of the incredible natural assets with which our Singleton campus is blessed and to have fun!

Please do not hesitate to contact me if you have any questions.  
It is an exciting time to be at St. Michael's!

Sincerely,

**Michael Turner**

Head-Elect

Announced on 5/1/15