

A game to explore movement with young movers









**DO THE DINO STOMP!**MOVE LIKE A DINOSAUR





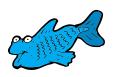
**BLAST OFF!**COUNTDOWN FROM 5 & JUMP TO BLAST OFF!





WALK THE PLANK!
PRETEND TO BALANCE ON A LINE &
WALK THE PLANK





SWIM LIKE A FISH!
WHAT KIND OF FISH ARE YOU?





**GET DOWN... GET UP!**GET LOW & GET UP 5 TIMES





