



St. Michael's Episcopal School
Athletic Information 2021-22 (Tentative)

All students must have a current Athletic Participation Form on file before participating in sports.

	Sport	Coach	Practice Schedule	Equipment
FALL	Cross Country	Christian Hansen (chansen@stmschool.net)	3-4x weekly 3-4:30 p.m.	Running shoes
	Field Hockey	Katherine Martin (kmartin@stmschool.net)	2-3x weekly 3-4:30 p.m.	Stick, mouth and shin guards, goggles
	Soccer	Reid McBride (rmcbride@stmschool.net)	2-3x weekly 3-4:30 p.m.	Cleats and shin guards
	Mountain Biking	Ben Hayward (bhayward@stmschool.net)	2x weekly 3-4:30 p.m.	Mountain bike and helmet
WINTER	Co-ed SMBA Basketball	Alumni and parent volunteers	Sunday-Friday 1 hour per week (Games Sat. mornings)	Gym clothes and basketball shoes
	Girls Basketball 2 teams	Parent Volunteers	2x weekly 1.5 hours	Gym clothes and basketball shoes

	Boys Basketball	Wally Kern	2x weekly	Gym clothes and
	3-4 teams	(wkern@stmschool.net) Christian Hansen (chansen@stmschool.net) Parent Volunteers	1.5 hours	basketball shoes
	Swimming	Philip Tickle (ptickle@stmschool.net)	2x weekly	Swimsuit
SPRING	Girls Lacrosse	Katherine Martin (kmartin@stmschool.net)	2-3x weekly 1.5 hours	Stick, goggles, and mouth guard
	Boys Lacrosse	Reid McBride (rmcbride@stmschool.net) Parent Volunteers	2-3x weekly 1.5 hours	Stick, helmet, gloves, shoulder pads, and mouth guard
	Track (at Trinity)	Christian Hansen (chansen@stmschool.net)	2x weekly	Running shoes
	Golf (TBD)	TBD	1x weekly plus matches	Bag, balls, clubs, shoes
	Mountain Biking	Ben Hayward (bhayward@stmschool.net)	2x weekly 3-4:30 p.m.	Mountain bike and helmet

For more information, please contact Wally Kern, Athletic Director, at wkern@stmschool.net