



TRAINING for the FAMILY CAREGIVER

A FREE family caregiver training class designed to provide safe and effective tools and techniques to use when caring for a loved one.

INCLUDES
Hands on training
with home care
equipment

FAMILY CAREGIVING 101 (THE BASICS)

- Monitoring and handling medications
- Incontinence Care
- Hands on Home Safety and Proper Body Mechanics
- Alzheimer's disease/dementia awareness

Two Dates To
Choose From In 2021:

September 15 • 2pm - 4pm

November 9 • 4pm - 6pm



SEATING IS LIMITED!



**REGISTER BY
CALLING TED AT:
314-962-2666**

TRAINING HELD AT:
504 MARSHALL AVE.,
WEBSTER GROVES, MO 63119



Taught by a registered nurse